



Direct Development TRAINING

SPECIFIC • ACCESSIBLE • ATTAINABLE

Name _____

Mental Factors

- 1 _____
- 2 _____
- 3 _____
- 4 _____

Practices

- 1 _____
- 2 _____

Achievement Now! Success Characteristics

Characteristics of a Goal

Purpose of a Goal:

- 1 _____
- 2 _____
- 3 _____

Must be:

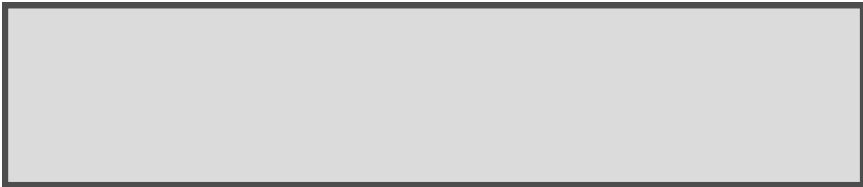
- 1 _____
- 2 _____
- 3 _____
- 4 _____
- 5 _____

It is Meaningful if:

- ◇ _____
- ◇ _____

It is the Right Size if:

- ◇ _____
- ◇ _____



Action Steps

- 1 _____
- 2 _____
- 3 _____
- 4 _____

Tyler Enslin

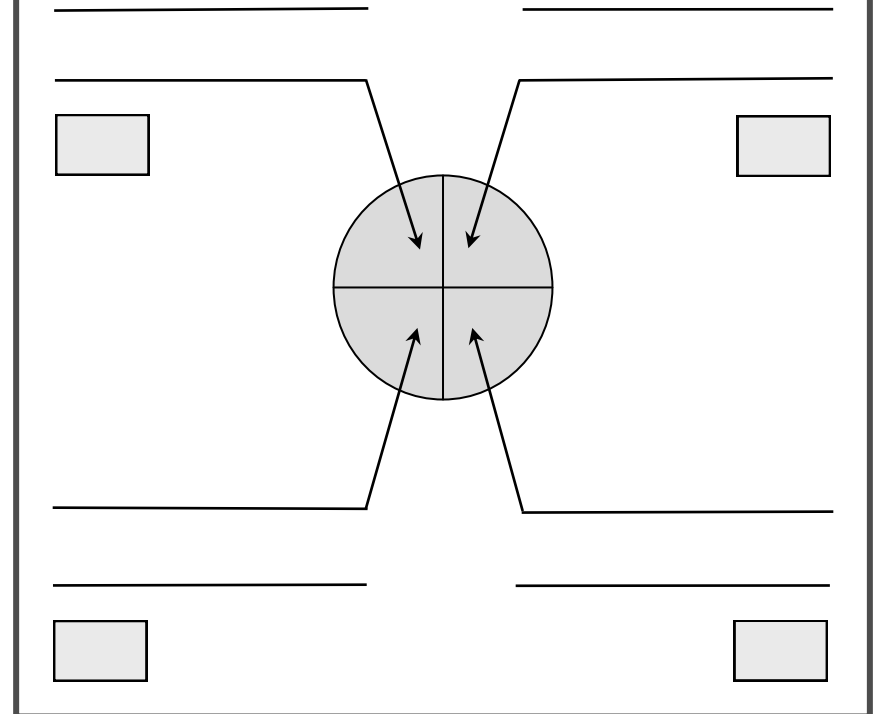
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Characteristics of Achievement



Notes
